



**PHYTOMER**

Spa & Wellness



# PHYTOMER

Spa Trocadéro

Welcome to PHYTOMER Spa Trocadéro.

Maison PHYTOMER, the celebrated skin care brand renowned for its natural facials and body treatments launched the PHYTOMER Spa & Wellness concept in 2015 to share our vision for beauty and well-being. Today, that same vision of holistic care can be experienced in each one of our three outstanding spas in France:

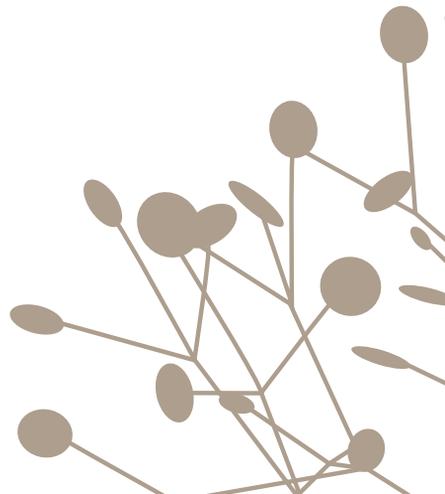
PHYTOMER Spa Émeraude, Saint-Malo, the birthplace of the brand: A replenishing haven, tucked away in a peaceful garden, next to the most stunning local beaches.

PHYTOMER Spa Étoile, Paris 8<sup>th</sup> arrondissement: An intimate, sophisticated space that's a few steps away from the legendary Champs Élysées.

PHYTOMER Spa Trocadéro, Paris 16<sup>th</sup> arrondissement: A beauty and skincare destination in Passy, an elegant neighborhood near the Eiffel Tower.

The PHYTOMER Spa Trocadéro staff is here to help you choose the treatment program that best suits your needs and desires, while leaving ample time for relaxation.

And now...let us present you the care you deserve.



# Treatment Menu



For 3 generations, we have been developing revitalizing treatments for the most beautiful spas around the world.

At PHYTOMER Spa Trocadéro, we take care of your skin with PHYTOMER products, manufactured in our Laboratories in Brittany (France), respecting the environment, using the most effective natural ingredients. We combine it with professional massage methods and an array of delicate touches to make you feel good.

In order to fine-tune the facial selection of our treatment menu, we are delighted to offer one of our sister brands, VIE COLLECTION, a high-performance, anti-aging skincare line that takes its inspiration from aesthetic medicine procedures.

# ANTI-AGING FACIAL TREATMENTS



## PIONEER TREATMENT | SIGNATURE TREATMENT

PHYTOMER

Youth Revealing Treatment Face - Lips - Décolleté • 75 min • 150 €

With its lifting mask, its lotion concentrated in marine active ingredients and its lip contour module, this exceptional protocol offers the ultimate in anti-aging performance. It gives the skin all its youth, its vitality and its radiance. It also delivers a maximum of well-being throughout the whole treatment duration.

## OLIGOFORCE LUMINATION

PHYTOMER

Corrective Facial for Complexion - Dark Spots - Wrinkles Facial • 60 min • 115 €

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER® to bathe the skin in radiance.

## EXTENDED YOUTH

PHYTOMER

Wrinkle Correction Firming Facial • 60 min • 115 €

In just 3 steps, this high-performance treatment effectively resurfaces skin, fills in wrinkles, and restructures facial contours.

# TARGETED FACIAL TREATMENTS



## CITYLIFE | SIGNATURE TREATMENT

PHYTOMER

Anti-Pollution Skin Freshness Treatment • 60 min • 108 €

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

## CYFOLIA | ORGANIC TREATMENT ECOCERT CERTIFIED

PHYTOMER

Radiance Plumping Treatment - Face and Eye Contour • 60 min • 108 €

This exquisite treatment includes a soothing massage and highly-efficient organic products to leave the face and eye contour glowing and moisturized.

## HYDRA ORIGINAL

PHYTOMER

Plumping Thirst-Relief Facial with Organic Algae • 60 min • 108 €

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures and a relaxing massage to leave skin comfortable and glowing.

# TARGETED FACIAL TREATMENTS



## DOUCEUR MARINE

PHYTOMER

Comforting Soothing Treatment • 60 min • 108 €

A nurturing treatment that softens sensitive skin and strengthens its defenses to leave it soothed and perfectly moisturized.

## ACNIPUR

PHYTOMER

Blemish Solution Treatment • 60 min • 108 €

A cleansing program that effectively targets blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

## MALE ENERGY | **FOR MEN**

PHYTOMER

Tailor-Made Facial • 60 min • 108 €

Choose a hydrating, anti-aging, soothing, or targeted facial treatment that is specially adapted to men's skin needs.

## RADIANCE CLEANSING TREATMENT

PHYTOMER

Deep Skin Cleansing • 50 min • 95 €

A heating mask with marine sponges and blackhead extraction to purify the pores and restore flawless skin with a radiant complexion.

Personalize your facial experience

## EYE PERFECTION

PHYTOMER

Radiance Smoothing Eye Treatment • 20 min • 35 €

An ultra-complete, efficient and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

## RELAX BACK | **SIGNATURE TREATMENT**

PHYTOMER

Remineralizing Anti-Fatigue Treatment • 15 min • 25 €

An ultra-relaxing back massage, followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects.

An add-on possibility for all PHYTOMER facials.

# DERMO-COSMETIC FACIALS

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## ULTRA-CONCENTRATED ACID PEEL



Renewing Resurfacing Facial with 20% Glycolic Acid Peel • 50 min • 110 €

A comprehensive skincare regimen that includes a skin scrub, glycolic acid peel, massage, mask, and a radiance-restoring serum to leave skin glowing, clear, fresh, and even. The anti-dark spot treatment makes an ideal starting point for any anti-aging skincare cure.

## MÉSOFORCE



Plumping Revitalizing Facial with Vitamins and Hyaluronic Acid • 50 min • 110 €

A customizable treatment, directly inspired by a mesotherapy session in an esthetic medicine practice, for complete revitalization against the signs of aging. It boosts hydration and revives the radiance of marked, dehydrated and saturated skin.

## 3 DIMENSIONS WRINKLES | SIGNATURE TREATMENT



Smoothing Densifying Anti-Wrinkle Facial  
with Hyaluronic Acid and Botox-Like Peptides • 50 min • 110 €

A supplementary or alternative protocol to botox, hyaluronic acid and growth factor injections to smooth wrinkles. Three steps for precise, complete, effective action on established lines.

Experience a customized anti-aging skincare cure

## MEDI-EXCLUSIVE YOUTH RESTORING CURE



4 Dermo-Cosmetic facials • 4 x 50 min • 395 €

Inspired by aesthetic medicine practices, this state-of-the-art skincare cure pairs dermatological active ingredients with high-performance facial treatment methods for visible, youth-restoring results. Your personalized treatment regimen is determined following a thorough examination of your skin and its needs.

We develop targeted skincare cures that visibly improve the quality of your skin: firming, targeted wrinkle action, instant radiance, tightened pores, plumping, dark spot reduction solution.

# WELL-BEING MASSAGES



## OLIGOMER® SPA | SIGNATURE TREATMENT

PHYTOMER

Replenishing Holistic Massage • 60 min • 120 €  
90 min with Body Scrub • 165 €

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and massage. The session provides a unique sensory experience thanks to OLIGOMER®, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

## SEA HOLISTIC

PHYTOMER

Scrub and Relaxing Massage with Boluses • 60 min • 115 €

Through soft effleurage strokes, targeted pressure, and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

## TRÉSOR DES MERS

PHYTOMER

Personalized Energizing Massage • 60 min • 115 €

This dynamic massage takes advantage of sublimely textured products and scents to distill the reinvigorating benefits of sea water into a massage treatment. What makes this massage special is that you get to choose between draining and relaxation elixirs so you can tailor your massage to your needs. The end result: Your body is supremely relaxed and re-energized.

## CALIFORNIAN WAVE

PHYTOMER

Relaxing Massage • 30 min • 65 € | 50 min • 95 € | 80 min • 145 €

A powerful combination of long and fluid movements to relieve tensions and deliver a complete relaxation.

# SLIMMING AND CONTOURING TREATMENTS

## SCULPT ZONE I **SIGNATURE TREATMENT**

PHYTOMER

Anti-Cellulite Massage and Self Heating Wrap  
for Abdomen - Buttocks - Thighs • 60 min • 108 €

An intensive exfoliating scrub, a targeted massage, and a next-generation thermo-sculpting wrap melt away flab and cellulite in record time. The slimming results are dramatic.

## P5 SLIMMING TREATMENT

PHYTOMER

Massage and Full Body Wrap with Algae Jam • 60 min • 108 €

A full-body contouring spa treatment that combines a toning massage and an exclusive algae wrap, with a delicately iodized scent, to slim curves, reshape and tone the body.

## CELLU M6

M6 Lipo-Sculpt Contour • 35 min • 78 €

A treatment that stimulates fatty tissues to unclog, release, and drain cellulite-prone zones while firming and sculpting your figure. Ideal in combination with PHYTOMER slimming treatments.

## VITAL DÔME

Japanese Detox Sauna • 30 min • 58 €

Inspired by traditional Japanese bathhouse treatments, the Long Infrared Vital Dome provides intense heat for a deep detox effect with results on relaxation, skin quality and overall energy levels. Ideal as a complement to a slimming, anti-aging or detox PHYTOMER treatment.

Experience a targeted contouring, anti-cellulite cure

## CELLULITE & TARGETED CURVES CURE

PHYTOMER

4 SCULPT ZONE treatments • 4 x 60 min • 390 €

A radical anti-cellulite cure with 4 contouring sessions that visibly slim down your body's curves. The results are conclusive: a 1.2 cm waist reduction and 1 cm. reduction in thigh girth\*.

\*Clinical results for 19 women who received 4 treatments in 2 weeks.

## HIGH PERFORMANCE OVERALL SLIMMING CURE

PHYTOMER

4 P5 SLIMMING treatment • 4 x 60 min • 390 €

The P5 slimming program refines curves and reshapes the body's contours. Proven results after just 4 sessions: An 11% waist reduction and an 8% reduction in thigh girth.\*

\*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

# BODY BEAUTY TREATMENTS



## SEA SALT CRYSTAL SCRUB

PHYTOMER

**Tonifying Scrub and Massage • 50 min • 95 €**

An invigorating massage with a sea salt crystal scrub to exfoliate and refine skin texture. Followed by a moisturizing massage to reveal radiant, toned, firm skin.

## CHAMPAGNE OF THE SEAS | SIGNATURE TREATMENT

PHYTOMER

**Relaxing Remineralizing Back Treatment • 50 min • 95 €**

An ultra-relaxing back and scalp massage followed by an application of remineralizing self-heating mud. For total relaxation and optimal detox effects.

## SUNNY DESTINATION

PHYTOMER

**Moisturizing Sun-Drenching Treatment • 60 min • 108 €**

A gentle exfoliation followed by head-to-toe moisturization before the finishing touch: A full application of self-tanner cream. The perfect treatment for a natural, radiant tan or as a way to extend summer's glow after vacation's over.

# BEAUTY SERVICES



Discover our full range of beauty services. Feel free to contact us for all other requests or questions.

## BEAUTIFUL HANDS, BEAUTIFUL FEET

Professional manicure or pedicure with your choice of color (basic polish or semi-permanent).

**Manicure/Pedicure with Basic Polish • 45 min • 55 €**

**Manicure/Pedicure with Semi-Permanent Polish • 60 min • 70 €**

**Semi-Permanent Polish Removal • 15 min • 10 €**

Only available with a scheduled manicure/pedicure.

## HAIR REMOVAL

**Half Leg • 28 € | Underarms • 18 € | Basic Bikini • 25 €**

Other areas and services available upon request.

# Beauty and Well-Being Experiences



For nearly 50 years, we have been developing holistic treatment rituals that provide deep relaxation.

In the comfort and intimacy of the PHYTOMER Spa Trocadéro, let yourself be swept away on a wave of well-being. It is the perfect opportunity to recharge your batteries, to give yourself a well-deserved break, or to treat your loved ones to a precious moment of rejuvenation.

# SPA RITUALS



## EXCLUSIVE RITUAL | SIGNATURE RITUAL

PHYTOMER

PIONEER Global Anti-Aging Facial  
& OLIGOMER® SPA Body Scrub & Massage • 2h45 • 310 €

The perfect marriage between an anti-aging facial with instantly visible results and a profoundly relaxing and energizing body treatment. This signature spa ritual combines the ultimate in high performance facial treatments with an exceptional body massage. One by one, each area of your body relaxes for a total sensation of bliss. Your features will be relaxed and your face beautifully radiant.

## RITUAL OF THE RESOURCING SEAS

PHYTOMER

CYFOLIA Radiance Moisturizing Face Care - Certified Organic  
& SEA HOLISTIC Relaxation Massage • 2h • 215 €

A nice boost and well-hydrated skin with an organic essential facial treatment certified Ecocert combined with a Thai-inspired body massage that eliminates stress points one by one thanks to its gentle warmth. Gradually, your mind gives in to relaxation and is durably reset.

## CITYLIFE DETOX RITUAL

PHYTOMER

CITYLIFE Anti-Pollution Facial Treatment  
& CALIFORNIAN WAVE Relaxing Massage • 1h50 • 195 €

A complete reshaping, specially designed for city dwellers: your face is intensely moisturized, signs of fatigue melt away; the complexion becomes more even and the skin regains its youthful freshness. The facial is followed by an ultra-relaxing massage that uses both wide, fluid strokes and long effleurage techniques to relieve tension and incite total relaxation.

## MASSAGE & SAUNA RITUAL

PHYTOMER

OLIGOMER® SPA Body Massage  
& Japanese Detox Sauna • 1h30 • 175 €

The gentle heat of the Japanese sauna with its detoxifying action combined with a well-being massage from the tips of the toes to the top of the head for a deep resourcing. The body is refreshed, detoxified, and re-energized.

# BRIDAL PACKAGES



A beauty break is essential when you want to look your absolute best on the big day. Ask us about our specials - we can put together a package for you and your bridal party to help you prepare for your special day.

## BOUQUET PACKAGE • 1h45 • 160 €

A PHYTOMER targeted facial treatment and a Beautiful Hands Manicure with basic color.

## WEDDING RING • 2h45 • 270 €

Bouquet Package, plus your choice of a 1-hour PHYTOMER massage.

# SPA PACKAGES & GIFT CERTIFICATES



PHYTOMER Spa Trocadéro offers 2 packages which allow you to benefit from preferential rates.

### SIGNATURE TROCADÉRO PACKAGE



10 60-minute PHYTOMER facial,  
body or massage treatments

**920 €**

Valid 6 months after purchase

### PRIVILEGE TROCADÉRO PACKAGE



5 60-minute PHYTOMER facial,  
body or massage treatments

**490 €**

Valid 3 months after purchase

Give a gift certificate at PHYTOMER Spa Trocadéro

To deliver well-being to those you love. Our team will advise you on the appropriate treatments and massages, and will prepare a nice gift voucher - valid for 6 months.

# GENERAL INFORMATION



## APPOINTMENTS AND CANCELLATION POLICY

To help us schedule an appointment at your desired time, please plan ahead. We also ask that you to give us 24 hours notice if you need to cancel your appointment to avoid being charged. During busy seasons, a 30% deposit will be required when the appointment is made.

## GIFT CERTIFICATES AND SPA PACKAGES

Gift certificates and spa packages of 10 PHYTOMER treatments are valid for 6 months. Spa packages of 5 PHYTOMER treatments are valid 3 months from the date of purchase. In the event the gift certificate or the entirety of a spa package is not used before their expiration, neither the purchaser nor the recipient will be reimbursed. After the expiration date, the gift certificate or the remaining treatments in a package are forfeited. Spa packages are strictly personal and non-transferable. Full payment is required on all Spa packages.

## WHEN YOU ARRIVE...

To make the most of your treatment experience, we recommend you arrive 15 minutes before your appointment time. Robes, slippers, towels, and disposable underwear are all provided.

## LATE ARRIVAL

In the event that you arrive late for your appointment, we will do our best to provide the treatments or services requested, if the schedule permits. Otherwise, we will have to shorten your treatment time accordingly.

## A QUIET MOMENT OF RELAXATION

Because our spa is a space for relaxation, we ask that you turn off all cell phones and devices so that you can take full advantage of your experience and respect your fellow clients.

## HEALTH PRECAUTIONS

Many of our treatments are not recommended for pregnant women. We ask that you let the reception desk know if you are pregnant either when you make your appointment or when you arrive at the spa. Please inform us of any other health conditions you may have.

## AGE LIMIT

You must be 16 years of age to receive any of the treatments on our treatment menu.

# PHYTOMER

Spa & Wellness

## SAINT-MALO

### Phytomer Spa Émeraude

70, rue du Commandant l'Herminier 35400

Saint-Malo

Tel: +33 (0)2 23 18 31 99

[spa.emeraude@phytomer.com](mailto:spa.emeraude@phytomer.com)

Monday through Saturday from 10 am to 7 pm

## PARIS

### Phytomer Spa Étoile

19, rue Washington - 75008 Paris

Tel: +33 (0)1 42 89 65 55

[spa.etoile@phytomer.com](mailto:spa.etoile@phytomer.com)

Monday through Friday from 09.30 am to 8 pm

Saturday from 10 am to 7 pm

### Phytomer Spa Trocadéro

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Monday through Saturday from 10 am to 7 pm

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