



PHYTOMER

Spa & Wellness



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Welcome to PHYTOMER Spa Émeraude.

Maison PHYTOMER, the celebrated beauty company renowned for its natural skincare treatments that are Made in France, opened PHYTOMER Spa & Wellness in Saint-Malo in 2015 to share our vision for beauty and well-being. Today, that vision can be experienced in each one of our three outstanding spas in France :

PHYTOMER Spa Émeraude, Saint-Malo, the birthplace of the brand: A replenishing heaven, tucked away in a peaceful garden, next to the most stunning local beaches.

PHYTOMER Spa Étoile, Paris 8th: An intimate, sophisticated space that's a stone's throw from the legendary Champs Élysées.

PHYTOMER Spa Trocadero, Paris 16th: A beauty and skincare destination in Passy, a chic neighborhood near the Eiffel Tower.

The PHYTOMER Spa Émeraude staff is here to help you choose the treatment program that best suits your needs and desires, while leaving ample time for relaxation.

And now...let us show you the care you deserve.



Phytomer Spa Émeraude has been awarded the Labels Spa-A and Spas de France, certifications which highlight the spa's commitment to excellence.

Treatment Menu



At PHYTOMER Spa Émeraude, enjoy all the skincare benefits of the PHYTOMER product line which is developed and manufactured in our Laboratories on the Mont Saint-Michel Bay (in Brittany, France) and meets the highest standards in the beauty and skincare world.

The treatment menu also includes the three other brands which are part of the PHYTOMER product range :

Vie Collection, a high-performance, anti-aging skincare line which takes its inspiration from aesthetic medicine treatments.

Fleur's, a treasure trove of scents and sensations that draws on the benefits of flowers to bring out your natural beauty.

Phytocéane, a collection of natural skincare treatments that whisk you away to deep relaxation.

All of our products have been developed with the utmost respect for your skin and for the environment.

ANTI-AGING FACIAL TREATMENTS



PIONEER TREATMENT | SIGNATURE TREATMENT

PHYTOMER

Youth Revealing Treatment Face - Lips - Décolleté • 75 min • 128 €

A lifting mask and an ultra-concentrated biotech lotion go together for the ultimate in overall anti-aging performance that restores the skin's soft, youthful glow. PHYTOMER's advanced facial massage technique is unparalleled for relaxation and delivers instantly visible results. The custom lip treatment plumps lips and smooths away wrinkles around the mouth's edges. Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that recharges the body's energy.

EXTENDED YOUTH

PHYTOMER

Wrinkle Correction Firming Facial • 75 min • 112 €

In just 3 steps, this high-performance treatment effectively resurfaces skin, fills in wrinkles, and restructures facial contours. The immediately visible results are enhanced with a well-being massage and detox body wrap that relax back muscles.

OLIGOFORCE LUMINATION

PHYTOMER

Complexion - Dark Spots - Wrinkles Facial • 75 min • 112 €

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER exosant to bathe the skin in radiance. Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that recharges the body's energy.

FLORASKIN

Fleur's

Youth Plumping Facial • 60 min • 85 €

A divinely-scented, flower-based facial that pairs the perfect relaxation massage with exceptional anti-aging skincare performance to smooth skin, restore its fresh, youthful glow, and leave your complexion absolutely radiant.

DERMO-COSMETIC FACIALS



ULTRA-CONCENTRATED ACID PEEL

Renewing Resurfacing Facial with 20% Glycolic Acid Peel • 50 min • 95 €

A comprehensive skincare regimen that includes a skin scrub, glycolic acid peel, massage, mask, and a radiance-restoring serum to leave skin glowing, clear, fresh, and even. The anti-dark spot treatment makes an ideal starting point for any anti-aging skincare cure.



MÉSOFORCE

Plumping Revitalizing Facial with Vitamins and Hyaluronic Acid • 50 min • 95 €

A customizable treatment, directly inspired by a mesotherapy session in an esthetic medicine practice, for complete revitalization against the signs of aging. It boosts hydration and revives the radiance of marked, dehydrated and saturated skin.



3 DIMENSION WRINKLES | SIGNATURE FACIAL

Smoothing Densifying Anti-Wrinkle Facial • 50 min • 95 €

A supplementary or alternative protocol to botox, hyaluronic acid and growth factor injections to smooth wrinkles. Three steps for precise, complete, effective action on established lines.



L-COLLAGEN

Lifting, Firming Treatment for Face, Neck & Décolleté • 50 min • 95 €

This facial immediately and visibly tightens and firms your skin thanks to facial massage techniques and peptide-concentrated products that mimic the effects of laser and LED treatments.



Experience a customized anti-aging skincare cure

MEDI-EXCLUSIVE YOUTH RESTORING CURE

4 Dermo-Cosmetic facials • 4 x 50 min • 345 €

Inspired by aesthetic medicine practices, this state-of-the-art skincare cure pairs dermatological active ingredients with high-performance facial treatment methods for visible, youth-restoring results. Your personalized treatment regimen is determined following a thorough examination of your skin and its needs.



We develop targeted skincare cures that visibly improve the quality of your skin: firming, targeted wrinkle action, instant radiance, tightened pores, plumping, dark spot reduction solution.

TARGETED FACIAL TREATMENTS



CITYLIFE | SIGNATURE TREATMENT

PHYTOMER

Anti-Pollution Skin Freshness Treatment • 60 min • 92 €

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL | WITH ORGANIC ALGAE

PHYTOMER

Plumping Moisturizing Treatment with Organic Algae • 60 min • 92 €

A skincare essential that combines high-performance moisturizing with intense relaxation by pairing luxuriously-textured products and a relaxing massage. Plumped and refreshed, the skin regains its soft, smooth, balanced glow.

DOUCEUR MARINE

PHYTOMER

Comforting Soothing Treatment • 60 min • 92 €

A nurturing treatment that softens sensitive skin and strengthens its defenses to leave it soothed and perfectly moisturized.

ACNIPUR

PHYTOMER

Blemish Solution Treatment • 60 min • 92 €

A cleansing program that's proven to effectively target blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

MALE ENERGY

PHYTOMER

Facial for Men • 60 min • 92 €

Enter a wellness world designed just for men. Choose a hydrating, anti-aging, soothing, or targeted facial treatment that is specially adapted to men's skin needs.

All of the facials on our Spa Menu can be adapted for the skincare needs of our male clients.

DESTINATION FJORD

Phytoocéane

Oxygenating Replenishing Facial With Iceland Water • 60 min • 72 €

A bubble of pure oxygen for your skin, this facial delivers all the benefits of a cruise through the Fjords. Perfectly hydrated and oxygenated, your face regains all its original radiance.

Personalize your facial experience

EYE PERFECTION

PHYTOMER

Radiance Smoothing Eye Treatment • 20 min • 30 €

An ultra-complete, efficient and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

RELAX BACK I SIGNATURE TREATMENT

PHYTOMER

Remineralizing Anti-Fatigue Treatment • 15 min • 20 €

An ultra-relaxing back massage, followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects. An add-on possibility for all PHYTOMER facials.

ACTIVE BREATHING

Breathing and Posture Session • 20 min • 20 €

This session is devoted to practicing the techniques and postures that promote deep breathing. It makes it possible to immediately enter into an intense relaxation phase and lastingly free your breath.

These complementary treatment modules are only available as add-on services with a facial treatment, with the exception of ACTIVE BREATHING, which can be added on to any body treatment as well.

SLIMMING AND CONTOURING TREATMENTS



SCULPT ZONE I **SIGNATURE TREATMENT**

PHYTOMER

Target Treatment for Abdomen - Buttocks -Thighs • 60 min • 95 €

An intensive exfoliating scrub, a targeted massage, and a next-generation thermo-sculpting wrap melt away flab and cellulite in record time. The slimming results are dramatic.

P5 SLIMMING TREATMENT

PHYTOMER

Massage and Full Body Wrap with Algae Jam • 60 min • 95 €

A full-body contouring spa treatment - ideal for wellness retreats - that combines a toning massage with a sea-fresh algae wrap to refine curves, reshape, and tone.

Experience a targeted contouring, anti-cellulite cure

CELLULITE & TARGETED CURVES CURE

PHYTOMER

4 SCULPT ZONE treatments • 4 x 60 min • 345 €

A radical anti-cellulite cure with 4 contouring sessions that visibly slim down your body's curves. The results are conclusive: a 1.2 cm waist reduction and 1 cm. reduction in thigh girth*.

*Clinical results for 19 women who received 4 treatments in 2 weeks.

HIGH PERFORMANCE OVERALL SLIMMING CURE

PHYTOMER

4 P5 SLIMMING treatments • 4 x 60 min • 345 €

The P5 slimming program and reshapes the body's contours. Proven results after just 4 sessions: An 11% waist reduction and an 8% reduction in thigh girth.*

*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

We develop targeted contouring cures that firm and tone, reshape waist and hips, firm and reduce cellulite, and leave legs slim and toned to totally transform your figure.

BODY BEAUTY TREATMENTS



DETOX MARINE COCOON

PHYTOMER

Algae Body Wrap and Massage • 60 min • 92 €

A high-performance marine body wrap coupled with a full body massage to help eliminate toxins. Ideal before a slimming, contouring cure.

CHAMPAGNE OF THE SEAS

PHYTOMER

Relaxing Remineralizing Back Treatment • 45 min • 75 €

An ultra-relaxing back and scalp massage followed by an application of remineralizing self-heating mud. For total relaxation and optimal detox effects.

SUNNY DESTINATION

PHYTOMER

Moisturizing Sun-Drenching Treatment • 60 min • 92 €

A gentle exfoliation followed by head-to-toe moisturization before the finishing touch: A full application of self-tanner cream. The perfect treatment for a natural, radiant tan or as a way to extend summer's glow after vacation's over.

IYASHI DÔME

Japanese Detox Sauna • 30 min • 50 €

Inspired by traditional Japanese bathhouse treatments, the Iyashi Dôme uses far infrared radiation waves that deliver intense warmth to deeply detox the body, which in turn eliminates stress, improves skin tone, and boosts overall energy levels. Perfect when paired with a slimming, anti-aging or detox treatment.

WELL-BEING MESSAGES



OLIGOMER® SPA | SIGNATURE TREATMENT

PHYTOMER

Replenishing Holistic Massage • 60 min • 102 €
90 min with Body Scrub • 148€

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and massage. The session provides a unique sensory experience thanks to OLIGOMER exosant, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

SEA HOLISTIC

PHYTOMER

Scrub and Relaxing Massage with Boluses • 60 min • 102 €

Through soft effleurage strokes, targeted pressure, and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

TRÉSOR DES MERS

PHYTOMER

Personalized Energizing Massage • 60 min • 102 €

This dynamic massage takes advantage of sublimely textured products and scents to distill the reinvigorating benefits of sea water into a massage treatment. What makes this massage special is that you get to choose between draining and relaxation elixirs so you can tailor your massage to your needs. The end result: Your body is supremely relaxed and re-energized.

AROMAVÉDIC | SIGNATURE MASSAGE

Fleur's

Ayurvedic Ritual with Apricot Kernel Oil • 60 min • 102 €
90 minutes with Facial • 148 €

A true passport to well-being, this comprehensive Ayurveda-inspired massage recharges your body's batteries and eliminates tension by stimulating the chakras (energy centers). The additional facial treatment enhances your face's exquisite natural beauty.

PASSION FLOWER

Peaceful Body Massage with Exotic • 60 min • 102 €

90 min with Body Scrub • 148 €

This gentle full body massage uses slow, enveloping strokes to help you let it all go. The body and soul liberation is similar to the feeling you get after a yoga session. The treatment can begin with a deliciously-scented, no-rinse body scrub to enhance the full experience.

DESTINATION EMERALD

Phytocéane

Relaxing Hot Stone Massage with Organic Green Tea • 60 min • 92 €

A detoxifying, Organic Green Tea massage balm and a hot stone massage, inspired by Chinese massage methods, make this treatment an unforgettable wellness ritual which promotes profound head-to-toe relaxation.

DESTINATION ZANZIBAR

Phytocéane

Relaxing Body Scrub and Massage with Virgin Coconut Oil • 60 min • 92 €

Let yourself be whisked away to the crystal clear waters of faraway lagoons. A divinely exotic scrub and a reinvigorating virgin coconut oil massage instantly transport body and mind. Your skin is bathed in softness, your soul begins to soar as your body becomes profoundly relaxed.

BEAUTY SERVICES



Discover our full range of beauty services. Feel free to contact us for all other requests or questions.

BEAUTIFUL HANDS, BEAUTIFUL FEET

Manicure/Pedicure • 30 - 45 min | Basic • 40 € | Semi-permanent • 55 €

Professional manicure or pedicure with your choice of color (basic polish or semi-permanent).

SUBLIME MANICURE OR PEDICURE

Scrub, Massage, Polish

Manicure • 60 - 75 min | Basic • 55 € | Semi-permanent • 70 €

Feet • 60 - 75 min | Basic • 60 € | Semi-permanent • 75 €

An ultra-comprehensive manicure or pedicure for nails and skin. Includes a gentle scrub, cuticle repair, a moisturizing massage and color.

HAIR REMOVAL

Half Leg • 26 € | Underarms • 17 € | Basic Bikini • 17 €

Other areas and services available upon request.

IYASHI DÔME

Japanese Detox Sauna • 30 min • 50 €

Inspired by traditional Japanese bathhouse treatments, the Iyashi Dôme uses far infrared radiation waves that deliver intense warmth to deeply detox the body, which in turn eliminates stress, improves skin tone, and boosts overall energy levels. Perfect when paired with a slimming, anti-aging or detox treatment.

Beauty and Well-Being Experiences



We've drawn on our 40+ year expertise in beauty and well-being to create holistic treatment rituals for your face and body.

Let yourself be whisked away to the ultimate in relaxation within the intimate, luxurious spaces of PHYTOMER Spa Émeraude.

SPA RITUALS



WELLNESS SPA RITUAL - FACE & BODY | SIGNATURE RITUAL

PHYTOMER

PIONNIER Facial

& OLIGOMER exosant SPA Body Scrub & Massage • 2 h 45 • 275 €

The perfect marriage between an anti-aging facial with instantly visible results and a profoundly relaxing and energizing body treatment. This signature spa ritual combines the ultimate in high-performance facial treatments with an exceptional body massage. One by one, each area of your body relaxes for a total sensation of bliss.

DETOX SPA RITUAL IN SAINT-MALO - FACE & BODY

PHYTOMER

CITADINE Facial & DETOX MARINE COCOON Body Wrap • 2 h • 185 €

Designed especially for those stressed and exhausted times in your life, this spa ritual will get your mind, body and soul back into shape. As your skin is intensely moisturized during the facial, signs of fatigue start to diminish, your complexion evens out and your skin regains its fresh glow. Then, the high-performance marine body wrap followed by a full-body massage help your body eliminate toxins.

FLORAL BEAUTY SPA RITUAL - FACE & BODY

Fleur's

FLORASKIN Facial & AROMAVEDIC Body Massage • 2 h • 187 €

The intense anti-aging properties of flowers work in tandem with an energizing ayurvedic body massage to plump skin like no other treatment and encourage full body relaxation and sense-soothing bliss.

TOTAL ESCAPE SPA RITUAL - FACE & BODY

Phytoocéane

DESTINATION FJORD Facial

& DESTINATION ZANZIBAR Body Massage • 2 h • 164 €

Embark on a voyage of the senses that transports you to a cruise to the heart of the fjords to leave your face perfectly moisturized and oxygenated. Then indulge in a sun-drenched escape to the crystal clear waters of Zanzibar with a relaxing body scrub and massage with virgin coconut oil.

WELLNESS SUITES



Our elegantly-appointed suites are equipped with the latest professional tools and equipment. Each suite has a private treatment area with its own bathroom, relaxation room, and private terrace overlooking the garden.

For an optimal relaxation experience, the 40-m² IROISE single suite is equipped with a large bath. Our 60-m² ÉMERAUDE duo suite has a glass-windowed hammam (steam bath).

Suites can be reserved in addition to spa treatments at the following prices:

Single Suite • 40 €

Double Suite • 40 € | 70 € with hammam

Give a gift certificate at PHYTOMER Spa Émeraude

Choose from our wide range of face, body, and beauty treatments and treat someone you love to a relaxing escape in a peaceful space filled with elegance, beauty, and well-being.

Gift certificates available upon request.

BRIDAL PACKAGES



A beauty break is essential when you want to look your absolute best on the big day. Ask us about our specials – we can put together a package for you and your bridal party to help you prepare for your special day.

BOUQUET PACKAGE • 90 min • 132 €

A PHYTOMER targeted facial treatment facial and a Beautiful Hands manicure with basic color.

WEDDING RING • 2 h 30 • 234 €

Bouquet Package, completed by a PHYTOMER body massage.

PRIVATE SUITE

Our 60-m² private suite is available for you and your bridal party to get ready for the festivities in a serene, relaxing space.

PHYTOMER SPA PACKAGES



PHYTOMER Spa Émeraude offers 3 1-year packages (valid from date of purchase) that let you make spa appointments whenever you want and get upgrades whenever available.

ÉGÉE



6 x 75-min facials
560 €

For the purchase of
5 facials
Get 1 FACIAL FREE
(112€ value)

IROISE



6 x 60-min massages
510 €

For the purchase of
5 massage
Get 1 MASSAGE FREE
(102€ value)

ÉMERAUDE



5 x 75-min facials
5 x 60-min massages
855 €

For the purchase of
8 treatments
Get 2 TREATMENTS FREE
(214€ value)

GENERAL INFORMATION



HOURS

Monday through Saturday from 10 am to 7 pm.

APPOINTMENTS AND CANCELLATION POLICY

To help us schedule an appointment at your desired time, please plan ahead. We also ask that you to give us 24 hours notice if you need to cancel your appointment to avoid being charged. During busy seasons, a 50% deposit will be required when the appointment is made.

GIFT CERTIFICATES AND SPA PACKAGES

Gift certificates are valid for 6 months. Spa packages are valid 1 year from the date of purchase. In the event the gift certificate or the entirety of a spa package is not used before their expiration, neither the purchaser nor the recipient will be reimbursed. After the expiration date, the gift certificate or the remaining treatments in a package are forfeited.

WHEN YOU ARRIVE...

To make the most of your treatment experience, we recommend you arrive 15 minutes before your appointment time. Robes, slippers, towels, and disposable underwear are all provided.

LATE ARRIVAL

In the event that you arrive late for your appointment, we will do our best to provide the treatments or services requested, if the schedule permits. Otherwise, we will have to shorten your treatment time accordingly.

A QUIET MOMENT OF RELAXATION

Because our spa is a space for relaxation, we ask that you turn off all cell phones and devices so that you can take full advantage of your experience and respect your fellow clients.

HEALTH PRECAUTIONS

Many of our treatments are not recommended for pregnant women. We ask that you let the reception desk know if you are pregnant either when you make your appointment or when you arrive at the spa. Please inform us of any other health conditions you may have.

AGE LIMIT

You must be 16 years of age to receive any of the treatments on our treatment menu.

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Spa & Wellness

SAINT-MALO

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Saturday from 10 am to 7 pm

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