

PHYTOMER

Spa & Wellness



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Welcome to PHYTOMER Spa Trocadéro.

Maison PHYTOMER, the celebrated beauty company renowned for its natural skincare treatments that are Made in France, opened PHYTOMER Spa & Wellness in Saint-Malo in 2015 to share our vision for beauty and well-being. Today, that vision can be experienced in each one of our three outstanding spas in France:

PHYTOMER Spa Émeraude, Saint-Malo, the birthplace of the brand: A replenishing heaven, tucked away in a peaceful garden, next to the most stunning local beaches.

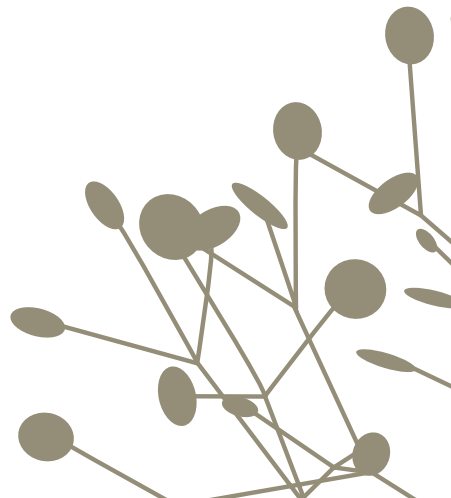
PHYTOMER Spa Étoile, Paris 8th: An intimate, sophisticated space that's a stone's throw from the legendary Champs Élysées.

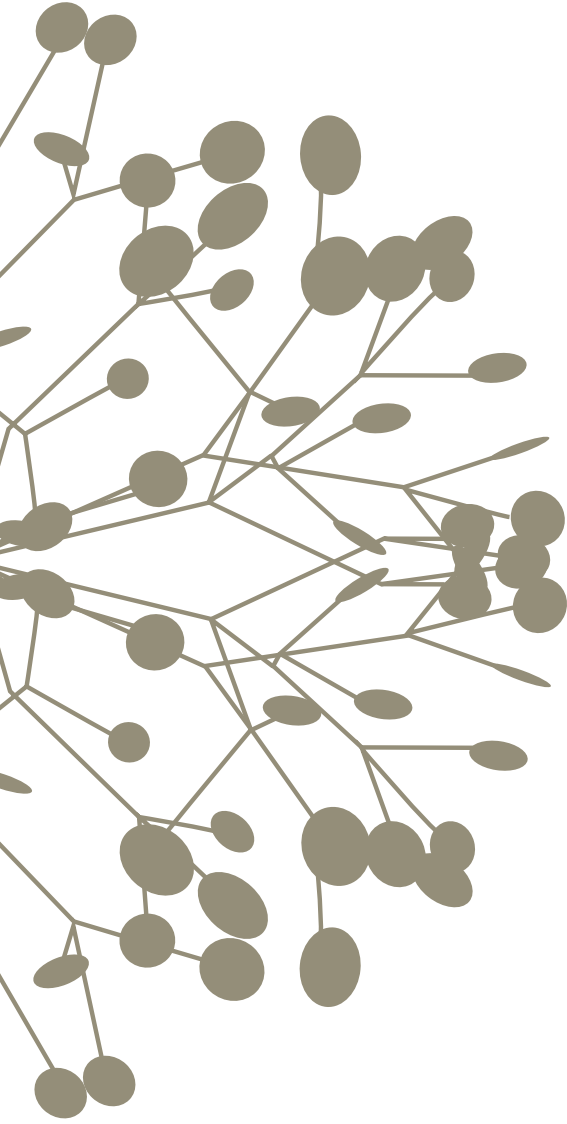
PHYTOMER Spa Trocadero, Paris 16th: A beauty and skincare destination in Passy, a chic neighborhood near the Eiffel Tower.

The PHYTOMER Spa Trocadéro staff is here to help you choose the treatment program that best suits your needs and desires, while leaving ample time for relaxation.

As part of the renovation works of the PHYTOMER Spa Trocadéro, our treatment menu is changing. Please contact us for current pricing.

And now...let us show you the care you deserve.





Treatment Menu



At PHYTOMER Spa Trocadéro, enjoy all the skincare benefits of the PHYTOMER product line which is developed and manufactured in our Laboratories on the Mont Saint-Michel Bay (in Brittany, France) and meets the highest standards in the beauty and skincare world.

To round out the facial selection on our treatment menu, we are delighted to offer VIE COLLECTION, a high-performance, anti-aging skincare line that takes its inspiration from aesthetic medicine procedures and is also part of our parent company.

All of our products have been developed with the utmost respect for your skin and for the environment.

ANTI-AGING FACIAL TREATMENTS



PIONEER TREATMENT | SIGNATURE TREATMENT

PHYTOMER

Youth Revealing Treatment Face - Lips - Décolleté • 75 min

A lifting mask and an ultra-concentrated biotech lotion go together for the ultimate in overall anti-aging performance that restores the skin's soft, youthful glow. PHYTOMER's advanced facial massage technique is unparalleled for relaxation and delivers instantly visible results. The custom lip treatment plumps lips and smooths away wrinkles around the mouth's edges. Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that recharges the body's energy.

OLIGOFORCE LUMINATION

PHYTOMER

Corrective Facial for Complexion - Dark Spots - Wrinkles Facial • 60 min

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER® to bathe the skin in radiance.

EXTENDED YOUTH

PHYTOMER

Wrinkle Correction Firming Facial • 60 min

In just 3 steps, this high-performance treatment effectively resurfaces skin, fills in wrinkles, and restructures facial contours.

DERMO-COSMETIC FACIALS



ULTRA-CONCENTRATED ACID PEEL

Renewing Resurfacing Facial with 20% Glycolic Acid Peel • 50 min

A comprehensive skincare regimen that includes a skin scrub, glycolic acid peel, massage, mask, and a radiance-restoring serum to leave skin glowing, clear, fresh, and even. The anti-dark spot treatment makes an ideal starting point for any anti-aging skincare cure.



MÉSOFORCE

Plumping Revitalizing Facial with Vitamins and Hyaluronic Acid • 50 min

A customizable treatment, directly inspired by a mesotherapy session in an esthetic medicine practice, for complete revitalization against the signs of aging. It boosts hydration and revives the radiance of marked, dehydrated and saturated skin.



3 DIMENSIONS WRINKLES | SIGNATURE TREATMENT

Smoothing Densifying Anti-Wrinkle Facial with Hyaluronic Acid and Botox-Like Peptides • 50 min

A supplementary or alternative protocol to botox, hyaluronic acid and growth factor injections to smooth wrinkles. Three steps for precise, complete, effective action on established lines.



Experience a customized anti-aging skincare cure

MEDI-EXCLUSIVE YOUTH RESTORING CURE

4 Dermo-Cosmetic facials • 4 x 50 min

Inspired by aesthetic medicine practices, this state-of-the-art skincare cure pairs dermatological active ingredients with high-performance facial treatment methods for visible, youth-restoring results. Your personalized treatment regimen is determined following a thorough examination of your skin and its needs.

We develop targeted skincare cures that visibly improve the quality of your skin: firming, targeted wrinkle action, instant radiance, tightened pores, plumping, dark spot reduction solution.



TARGETED FACIAL TREATMENTS



CITYLIFE | SIGNATURE TREATMENT

PHYTOMER

Anti-Pollution Skin Freshness Treatment • 60 min

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL | WITH ORGANIC ALGAE

PHYTOMER

Plumping Moisturizing Treatment with Organic Algae • 60 min

A skincare essential that combines high-performance moisturizing with intense relaxation by pairing luxuriously-textured products and a relaxing massage. Plumped and refreshed, the skin regains its soft, smooth, balanced glow.

DOUCEUR MARINE

PHYTOMER

Comforting Soothing Treatment • 60 min

A nurturing treatment that softens sensitive skin and strengthens its defenses to leave it soothed and perfectly moisturized.

ACNIPUR

PHYTOMER

Blemish Solution Treatment • 60 min

A cleansing program that's proven to effectively target blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

MALE ENERGY | FOR MEN

PHYTOMER

Facial for Men • 60 min

Enter a wellness world designed just for men. Choose a hydrating, anti-aging, soothing, or targeted facial treatment that is specially adapted to men's skin needs.

All of the facials on our Spa Menu can be adapted for the skincare needs of our male clients.

RADIANCE CLEANSING TREATMENT

PHYTOMER

Deep Skin Cleansing • 50 min

A heating mask with marine sponges and blackhead extraction to purify the pores and restore flawless skin with a radiant complexion.

Personalize your facial experience

EYE PERFECTION

PHYTOMER

Radiance Smoothing Eye Treatment • 20 min

An ultra-complete, efficient and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

RELAX BACK | SIGNATURE TREATMENT

PHYTOMER

Remineralizing Anti-Fatigue Treatment • 15 min

An ultra-relaxing back massage, followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects. An add-on possibility for all PHYTOMER facials.

SLIMMING AND CONTOURING TREATMENTS

SCULPT ZONE I **SIGNATURE TREATMENT**

PHYTOMER

Anti-Cellulite Massage and Self Heating Wrap
for Abdomen - Buttocks - Thighs • 60 min

An intensive exfoliating scrub, a targeted massage, and a next-generation thermo-sculpting wrap melt away flab and cellulite in record time. The slimming results are dramatic.

P5 SLIMMING TREATMENT

PHYTOMER

Massage and Full Body Wrap with Algae Jam • 60 min

A full-body contouring spa treatment that combines a toning massage with a sea-fresh algae wrap to refine curves, reshape, and tone.

CELLU M6

M6 Lipo-Sculpt Contour • 40 min

A treatment that stimulates fatty tissues to unclog, release, and drain cellulite-prone zones while firming and sculpting your figure.

Experience a targeted contouring, anti-cellulite cure

CELLULITE & TARGETED CURVES CURE

PHYTOMER

4 SCULPT ZONE treatments • 4 x 60 min

A radical anti-cellulite cure with 4 contouring sessions that visibly slim down your body's curves. The results are conclusive: a 1.2 cm waist reduction and 1 cm. reduction in thigh girth*.

*Clinical results for 19 women who received 4 treatments in 2 weeks.

HIGH PERFORMANCE OVERALL SLIMMING CURE

PHYTOMER

4 P5 SLIMMING treatment • 4 x 60 min

The P5 slimming program refines curves and reshapes the body's contours. Proven results after just 4 sessions: An 11% waist reduction and an 8% reduction in thigh girth*.

*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

We develop targeted contouring cures that firm and tone, reshape waist and hips, firm and reduce cellulite, and leave legs slim and toned to totally transform your figure.

BODY BEAUTY TREATMENTS



SEA SALT CRYSTAL SCRUB

PHYTOMER

Tonifying Scrub and Massage • 50 min

An invigorating massage with a sea salt crystal scrub to exfoliate and refine skin texture. Followed by a moisturizing massage to reveal radiant, toned, firm skin.

CHAMPAGNE OF THE SEAS

PHYTOMER

Relaxing Remineralizing Back Treatment • 50 min

An ultra-relaxing back and scalp massage followed by an application of remineralizing self-heating mud. For total relaxation and optimal detox effects.

DESTINATION SOLEIL

PHYTOMER

Moisturizing Sun-Drenching Treatment • 60 min

A gentle exfoliation followed by head-to-toe moisturization before the finishing touch: A full application of self-tanner cream. The perfect treatment for a natural, radiant tan or as a way to extend summer's glow after vacation's over.

WELL-BEING MESSAGES



OLIGOMER® SPA | SIGNATURE TREATMENT

PHYTOMER

Replenishing Holistic Massage • 60 min 90 min with Body Scrub

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and massage. The session provides a unique sensory experience thanks to OLIGOMER®, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

SEA HOLISTIC

PHYTOMER

Scrub and Relaxing Massage with Boluses • 60 min

Through soft effleurage strokes, targeted pressure, and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

TRÉSOR DES MERS

PHYTOMER

Personalized Energizing Massage • 60 min

This dynamic massage takes advantage of sublimely textured products and scents to distill the reinvigorating benefits of sea water into a massage treatment. What makes this massage special is that you get to choose between draining and relaxation elixirs so you can tailor your massage to your needs. The end result: Your body is supremely relaxed and re-energized.

CALIFORNIAN WAVE

PHYTOMER

Relaxing Massage • 30 min | 50 min | 80 min

A powerful combination of long and fluid movements to relieve tensions and deliver a complete relaxation.

BEAUTY SERVICES



Discover our full range of beauty services. Feel free to contact us for all other requests or questions.

BEAUTIFUL HANDS, BEAUTIFUL FEET

Manicure/Pedicure with Basic Polish • 45 min

Manicure/Pedicure with Semi-Permanent Polish • 60 min

Professional manicure or pedicure with your choice of color (basic polish or semi-permanent).

French Manicure Add-On Option for Semi-Permanent Polish Only • 15 min

Semi-Permanent Polish Removal • 15 min

Only available with a scheduled manicure/pedicure..

HAIR REMOVAL

Half Leg | Underarms | Basic Bikini

Other areas and services available upon request.

SPA RITUALS



SPA TROCADÉRO EXCLUSIVE RITUAL | SIGNATURE RITUAL **PHYTOMER**

PIONEER Global Anti-Aging Facial
& **OLIGOMER®** SPA Body Scrub & Massage • 2h45

The perfect marriage between an anti-aging facial with instantly visible results and a profoundly relaxing and energizing body treatment. This signature spa ritual combines the ultimate in highperformance facial treatments with an exceptional body massage. One by one, each area of your body relaxes for a total sensation of bliss. Your features will be relaxed and your face beautifully radiant.

RADIANT BEAUTY IN RECORD TIME RITUAL **PHYTOMER**

OLIGOFORCE LUMINATION Brightening, Wrinkle-Reducing Facial
& **SLIMMING P5** Treatment • 2h

The perfect combination to reverse the effects of time on the face and body. With a wrinkle-fighting solution and a treatment to smooth cellulite and regain firmness. Ideal before a party or an event that matters.

CITYLIFE DETOX RITUAL **PHYTOMER**

CITYLIFE Anti-Pollution Facial Treatment
& **CALIFORNIAN WAVE** Relaxing Massage • 1h50

A complete reshaping, specially designed for city dwellers: your face is intensely moisturized, signs of fatigue melt away, the complexion becomes more even and the skin regains its youthful freshness. The facial is followed by an ultra-relaxing massage that uses both wide, fluid strokes and long effleurage techniques to relieve tension and incite total relaxation.

BRIDAL PACKAGES



A beauty break is essential when you want to look your absolute best on the big day. Ask us about our specials – we can put together a package for you and your bridal party to help you prepare for your special day.

BOUQUET PACKAGE • 1h45

A PHYTOMER targeted facial treatment and a Beautiful Hands Manicure with basic color.

WEDDING RING • 2h45

Bouquet Package, plus your choice of a 1-hour PHYTOMER massage.

PHYTOMER SPA PACKAGES



PHYTOMER Spa Trocadéro offers 2 packages that let you make spa appointments whenever you want.

SIGNATURE TROCADÉRO PACKAGE



10 60-minute PHYTOMER facial,
body or massage treatments

Valid 6 months after purchase

PRIVILEGE TROCADÉRO PACKAGE



5 60-minute PHYTOMER facial,
body or massage treatments

Valid 3 months after purchase

OUR SKINCARE COLLECTION



PHYTOMER isn't just about spa treatments. We also have a high-performance natural skincare collection to help you care for your skin each and every day.

Once our staff of trained professionals has examined your skin and learned about your skincare habits, they will be happy to recommend the beauty routine that's best adapted to your needs.



GENERAL INFORMATION



HOURS

Monday through Saturday from 10 am to 7 pm.

APPOINTMENTS AND CANCELLATION POLICY

To help us schedule an appointment at your desired time, please plan ahead. We also ask that you to give us 24 hours notice if you need to cancel your appointment to avoid being charged. During busy seasons, a 50% deposit will be required when the appointment is made.

GIFT CERTIFICATES AND SPA PACKAGES

Gift certificates and spa packages of 10 PHYTOMER treatments are valid for 6 months. Spa packages of 5 PHYTOMER treatments are valid 3 months from the date of purchase. In the event the gift certificate or the entirety of a spa package is not used before their expiration, neither the purchaser nor the recipient will be reimbursed. After the expiration date, the gift certificate or the remaining treatments in a package are forfeited. Full payment is required on all Spa packages.

WHEN YOU ARRIVE...

To make the most of your treatment experience, we recommend you arrive 15 minutes before your appointment time. Robes, slippers, towels, and disposable underwear are all provided.

LATE ARRIVAL

In the event that you arrive late for your appointment, we will do our best to provide the treatments or services requested, if the schedule permits. Otherwise, we will have to shorten your treatment time accordingly.

A QUIET MOMENT OF RELAXATION

Because our spa is a space for relaxation, we ask that you turn off all cell phones and devices so that you can take full advantage of your experience and respect your fellow clients.

HEALTH PRECAUTIONS

Many of our treatments are not recommended for pregnant women. We ask that you let the reception desk know if you are pregnant either when you make your appointment or when you arrive at the spa. Please inform us of any other health conditions you may have.

AGE LIMIT

You must be 16 years of age to receive any of the treatments on our treatment menu.

PHYTOMER

Spa & Wellness

SAINT-MALO

Phytomer Spa Émeraude

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Saturday from 10 am to 7 pm

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